

# **Inclusion and Diversity:**

Sharing Experience, Finding Ways

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# **Inclusion and Diversity:**

Sharing Experience, Finding Ways



#### Who we are



Jitka Králová

Petra Soldánová

Lucie Flekačová

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Simona Kostelanská

Jana Hrubá



Olomouc





# Focus on staff

#### **Presentation outline**



- inclusion at UP
- outcomes from a staff week on inclusion and diversity
- problem-solving discussion

# students **G**0 Focus

- support for students with fewer opportunities during their mobility abroad
- case study
- our best practice



# Fostering a Culture of Inclusion: Key Takeaways from Staff Week



Diversity is a fact,

Equity is a choice,

Inclusion is an action,

Belonging is an outcome.

Arthur Chan







- Office for Mobility
- Fair University
- Welcome Office
- The Support Centre for Students with Special Needs
- Department of Adapted Physical Activities (Faculty of Sports)

#### 10th Erasmus International Staff Week, June 2025



- Inclusion, Diversity
   & Equal Opportunities
- Our Philosophy



Partners and Participants





### **Programme - Virtual part**



# Inclusion and Diversity Across Sociocultural Practices (Diversity: A Hundred Different Ways)

Mgr. Dita Jahodová (Czech Technical University in Prague)

Mgr. Klára Čmolíková Cozlová, Dis. (The Academy of Fine Arts in Prague)

The workshop focused on the influence of personal characteristics and environment on interpersonal relationships in an academic setting, between teachers, students and staff. Participants shared experiences from different cultural contexts and sought examples of effective diversity support together.

### **Programme - Physical part**

## Workshop: In someone else's shoes

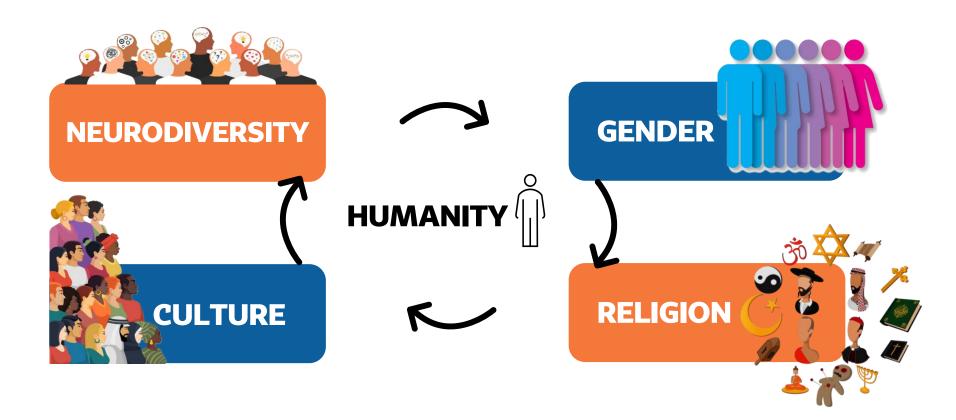






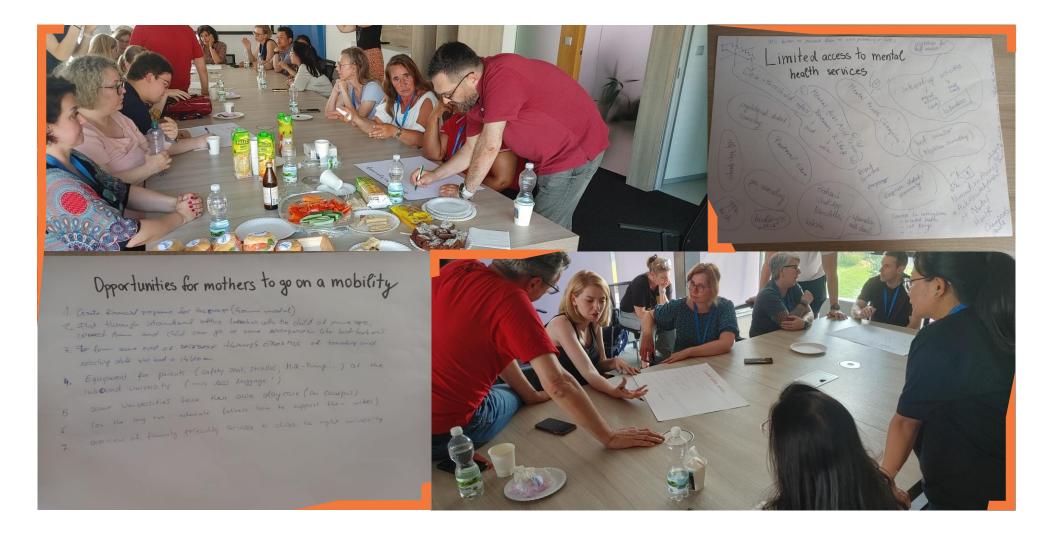
Mgr. Lucie Tesařová Mgr. et Mgr. Hana Galiová

(Jan Evangelista Purkyně University in Ústí nad Labem)



## **Workshop: Inclusion at Palacký University Olomouc**





# Workshop: Support Centre for Students with Special Needs (visually impaired, wheelchair users)





# Workshops: Adapted Physical Activities Centre (swimming, bouldering, cycling)





# Video





#### **Outcomes**



- Follow up sessions
- Inspiration for participants
- Lessons learnt by us



#### **Inclusion at UP**



# Our challenges

- limited access to mental health services
- community issues
- support for staff

# Our wishes

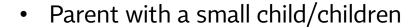
- a needs-based assessment (who needs support?)
- establishment
   of a DEI department
   at the central level

### **Problem-solving discussion**



## Support for staff – incoming and outgoing mobility

- Person with a physical disability
  - Hearing or visual impairment
  - Reduced mobility
- Neurodivergent person
  - Sensory processing differences and possible overload
  - Executive functioning challenges







# Sharing experience, finding ways:

Empowering Students at Home and Abroad



### **Student Support - Special needs centres**

### CPSSP UP Olomouc & Carolina Centre CU Prague

- Provides advice and information for all students, prospective and others
- Provides individual study adjustments Creates Individual Education (IEP)
- Offers diagnostic and counselling
- Trains academic and administrative staff
- Provides social and psychological support
- Promotes an inclusive university environment
- Offers personal assistance and accessibility services
- Communicates with lecturers and university staff
- Provides assistive tools and accessible materials
- Supports international mobility
- Support for leisure and sports activities
- Supports international mobility









# Support for students with special needs before and during mobility



- Close cooperation with the International Office
- Seminars and workshops
- Communication with the host university
- Individual assessment of needs
- Preparation for mobility
- Continuous support during mobility

### **Internship Experience in Finland**



- Participation in the EUDAPA program
   (European University Diploma in Adapted Physical Activity)
   at Haaga-Helia University, Finland
- Three-month Erasmus+ internship at the Vierumäki Sports Institute
- Use of adaptive sports equipment such as monoski, sitski, and sled for mobility on snow
- Support provided by three assistants from the Faculty of Physical Culture

- Collaboration with the Support Centre for Students with Special Needs and the International Cooperation Office of Palacký University
- Funded through an Erasmus+ special needs grant covering assistants, equipment, and transport costs









# See, feel and understand.

How does it really feel to be a person with specific needs?



Try assistive devices used by people with disabilities.



#### References



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- https://cps.upol.cz/en/
- https://www.apa.upol.cz
- https://www.upol.cz/en/welcome-office/
- https://www.upol.cz/ferova/



Thank you for your attention.

We welcome your questions and discussion.